

# Instant pot generic chicken

I use this for shredded chicken to use in other recipes

1-2 lbs chicken breast

1 cup of water

Salt & pepper

Pressure cook on high for:

10 minutes for 1" thick pieces

12 minutes for 1.5" thick pieces

15 minutes for 2" thick pieces

Natural release for 10 minutes then quick release

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Revision #1

Created 2021-08-20 20:32:54 UTC by Cody Nagel

Updated 2021-08-20 20:35:34 UTC by Cody Nagel